

WORLD-CLASS COMPREHENSIVE DENTISTRY @ SHALBY COSMETICS & IMPLANTOLOGY CENTRE.



Cutting Edge Technology at par with International Standards

SHALBY[™]
MULTI-SPECIALTY
HOSPITAL

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OUR WELLNESS PACKAGES TO GUIDE YOU THROUGH YOUR HEALTH CHANGES.



SHALBY[™]
MULTI-SPECIALTY
HOSPITAL

THINGS YOU NEED TO REMEMBER PRIOR TO HEALTH CHECK-UP

- All Health Checkups are scheduled with the prior appointment only.
- Minimum 12 hours of fasting is essential prior to check-up. You may drink water.
- Avoid alcohol 3 days prior to the health Check Up.
- Please take care of belongings. Wear loose clothing, no jewelry & easily removable footwear. Please don't wear a contact lens on the day of health Check Up.
- Please bring all your earlier (within 1-3years) Medical records & medical accessories. If you have any glasses, hearing aids, etc. when you come for the health Check Up.
- If you are diabetic avoid taking insulin injection/anti diabetic tablets on the morning of the health Check Up. Please carry your insulin injection/anti diabetic tablets which you can have before or after your breakfast in the hospital.
- Please carry **other regular medication** along with you, which can be taken as per the instruction by the consultant at the Health Check Up Department.
- Please inform the **Health Check Up department** in advance if you want any additional investigation or consultation to be done.
- A test like X-rays are not to be done if you suspect pregnancy.
- Urine routine & PAP smear test can't be done during menses (periods) for females.
- Company sponsored clients are requested to bring referral letter.
- In case you don't wish to undergo a certain test/s mentioned in the package, the money will not be refunded.

OUR WELLNESS SERVICES

Good Health is the foundation of a productive and rewarding life, it is also the most neglected asset. Today's lifestyle has brought with stress, unwholesome eating habits and inadequate rest. Coupled with elevated-levels of pollution, these factors are bound to gradually take their toll on us. Yet, most of us tend to ignore these facts until we are compelled to confront a medical condition. Health problems can be managed more effectively if detected at an early stage. Hence, health monitors have become the need of the hour. These Wellness Packages available are part of our pursuit of excellence in healthcare and a product of our belief that preventive care is a



wise investment. Health Check-up Packages are reasonably charged and differently designed for different groups keeping in mind their requirements.



HEALTH CHECK UP PACKAGES:

YOUNGIES

₹1700/-

The Package includes the minimum array of tests necessary for a conclusive health assessment of an individual. This package is designed for

healthy young individuals less than 30 years of age, for a basic health assessment.

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|-------------------------|-------------------|---------------------|
| • CBC with ESR | • HBsAg | RADIOLOGY |
| • Blood Group | • S. Creatinine | • Chest X - Ray |
| • RBS | • SGPT | CONSULTATION |
| • Urine Routine & Micro | CARDIOLOGY | • Physician |
| • Stool Routine & Micro | • E.C.G. | |

30+

MALE ₹7500/-

FEMALE ₹8000/-

Standard Health Check up Package is a comprehensive Package. This check up will give a detailed assessment of the health status of the

individual & is strongly recommended for all individuals above 30 years of age.

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|----------------------------|----------------------------|----------------------|
| • CBC with ESR | • BUN | • T.M.T |
| • Blood Group | LIVER FUNCTION TEST | RADIOLOGY |
| • FBS | • SGPT | • Chest X - Ray |
| • HbA1c | • S. Bilirubin | • USG Whole Abdomen |
| • Lipid Profile | • Gamma GT | OTHER TEST |
| • Stool Routine & Micro | • Alkaline Phosphatase | • PAP Smear (Female) |
| RENAL FUNCTION TEST | • Total Protien | CONSULTATION |
| • Urine Routine & Micro | • SGOT | • Physician |
| • S. Creatinine | CARDIOLOGY | • Surgeon |
| • S. Calcium | • E.C.G. | • Gynecology |
| • Uric Acid | • 2D ECHO | |



ADVANCED

MALE ₹30000/- FEMALE ₹31000/-

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|---|---|--|
| <ul style="list-style-type: none"> • CBC With ESR • FBS / PPBS • HbA1c • Extended Lipid Profile • TSH • Vitamin B 12 & Vitamin D3 Levels • S.Phosphorous • S. Homocystine Level • CRP • Stool Routine & Micro | <ul style="list-style-type: none"> • S.Electrolytes | <ul style="list-style-type: none"> • CT-Coronary Angiography • Carotid Doppler |
| <p>RENAL FUNCTION TEST</p> <ul style="list-style-type: none"> • Blood Urea/ Bun • Urine Routine & Micro • Uric Acid • S.Creatinine • S.Calcium | <p>LIVER FUNCTION TEST</p> <ul style="list-style-type: none"> • S.Bilirubin • SGPT • Gamma GT • Alkaline Phosphatase • Total Proteins • SGOT | <p>OTHER TEST</p> <ul style="list-style-type: none"> • Pulmonary Function Test • Audiometry • PSA (Male) • PAP Smear (Female) |
| <p>CARDIOLOGY</p> <ul style="list-style-type: none"> • E.C.G. • 2D Echo • T.M.T. | <p>RADIOLOGY</p> <ul style="list-style-type: none"> • Chest X - Ray • USG Whole Abdomen • BMD (3 Region) • Mammography | <p>CONSULTATION</p> <ul style="list-style-type: none"> • Physician • Dental • Surgeon's • Gynaecologists • Diet & Wellness Advice • Ophthalmologist • Dermatologist • ENT |

*Accommodation Charges are included in the package

WOMAN SPECIAL

₹6000/-

Menopause is a natural phenomenon in a woman's life that is marked by the cessation of her menstrual period for a continuous period of more than a year. All female above 40 years of age

can opt for the Woman Special for a comprehensive check-up to detect any anomalies that can occur during this period.

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| <ul style="list-style-type: none"> • CBC with ESR • FBS • HbA1c • Lipid Profile • S. Creatinine • Blood Group • S.calcium • TSH | <ul style="list-style-type: none"> • Urine Routine & Micro • Stool Routine & Micro | <ul style="list-style-type: none"> • E.C.G. |
| <p>RADIOLOGY</p> <ul style="list-style-type: none"> • USG Whole Abdomen • Mammography(Bilateral) • Chest X-Ray • BMD (Single Region) | <p>CARDIOLOGY</p> | <p>OTHER TESTS</p> <ul style="list-style-type: none"> • Pap Smear (Female) <p>CONSULTATION</p> <ul style="list-style-type: none"> • Physician • Dental • Gynecology |

CARDIAC SCREENING

₹5000/-

Executive Health Check up Classic Package is a cardiac screening package designed to provide a thorough screening of one's heart. It is

recommended for all individuals having a family history of cardiac illnesses.

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| <ul style="list-style-type: none"> • CBC with ESR • FBS • HbA1c • Lipid Profile • SGPT • Hs CRP | <ul style="list-style-type: none"> • S. Creatinine • S. Electrolytes • Urine Routine & Micro • Stool Routine & Micro | <ul style="list-style-type: none"> • 2D ECHO • TMT |
| <p>CARDIOLOGY</p> <ul style="list-style-type: none"> • ECG | <p>CONSULTATION</p> <ul style="list-style-type: none"> • Wellness Consultant | |





CARDIAC SUPREME

₹10500/-

Executives are focused into an irregular lifestyle that often neglect their health & ignore the early warning signals. It's strongly recommended for individuals having pre-existing cardiac problems

or having undergone angioplasty / bypass surgeries. Etc. This check up will give a detailed assessment of the individual. It's strongly advisable to get it done at least once a year.

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| • CBC WITH ESR | • S. Creatinine | • E.C.G. |
| • FBS / PPBS | • S. Calcium | • 2D Echo |
| • Extended Lipid profile | LIVER FUNCTION TEST | • T.M.T |
| • HBA IC | • S. Bilirubin | RADIOLOGY |
| • CPK | • SGPT | • Chest X-Ray |
| • Stool Routine & Micro | • Gamma GT | CONSULTATION |
| RENAL FUNCTION TEST | • Alkaline Phosphatase | • Cardiology |
| • Uric Acid | • Total Proteins | ADDITIONAL INVESTIGATIONS |
| • Urine Routine & Micro | • SGOT | • CT Coronary Angiography |
| • Blood Urea / Bun | CARDIOLOGY | • USG Abdomen |

* Charges for Additional investigations are not included in the package.

CANCER SCREENING

MALE ₹7000/-

FEMALE ₹8000/-

Early detection of cancer can greatly improve the odds of successful treatment & survival. Cancer Screening Package (Male/Female) is designed to diagnose cancer in its early stages, before it may

become symptomatically apparent. This check-up is strongly recommended for individuals having a family history of cancer.

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| • CBC with ESR | • SGPT | OTHER TESTS |
| • FBS | • Gamma GT | • PAP Smear (Female) |
| • Lipid Profile | • Alkaline Phosphatase | • PSA (Male) |
| • CEA | • Total Proteins | CONSULTATION |
| • Stool Routine & Micro | • SGOT | • Physician |
| RENAL FUNCTION TEST | CARDIOLOGY | • Gynecology |
| • Uric Acid | • ECG | • ENT |
| • Urine Routine & Micro | • 2D Echo | • Ophthalmology |
| • Blood Urea/ Bun | RADIOLOGY | • Dental |
| • S.Creatinine | • Chest X - Ray | ADDITIONAL INVESTIGATIONS |
| • S.Calcium | • USG Abdomen | • Upper G.I Scopy |
| LIVER FUNCTION TEST | • Mammography | • Colonoscopy |
| • S.Bilirubin | | |

DIABETES PACKAGES:

DIABETES SCREENING

₹6000/-

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|------------------------------|-------------------------|------------------------|
| • CBC with ESR | • Urine Routine & Micro | • Chest X - Ray |
| • FBS | • S. Electrolytes | • USG Whole Abdomen |
| • PPBS | • Blood Urea / Bun | • CONSULTATIONS |
| • HbA1c | • S. Creatinine | • Ophthalmology |
| • Lipid Profile | • S.Calcium | • Dental |
| • SGPT | CARDIOLOGY | • Diet |
| • Microalbuminuria | • ECG | • Endocrinologist's |
| • Stool Routine & Micro | • 2D Echo | |
| • RENAL FUNCTION TEST | • T.M.T | |
| • Uric Acid | RADIOLOGY | |





DIABETES PRE SCREENING

₹2400/-

- CBC with ESR
- FBS/PPBS
- HBA 1C
- Lipid Profile
- Urine Routine & Micro
- Stool Routine & Micro
- Microalbuminuria
- ECG
- S. Creatinine
- CONSULTATIONS
- Ophthalmology
- Endocrinology
- Dental

ALL IN ONE

MALE ₹38000/-

FEMALE ₹39000/-

- CBC With ESR
- FBS / PPBS
- HbA1c
- Extended Lipid Profile
- Urine Microalbumin
- H.I.V
- HBsAg
- HCV
- TSH
- Vitamin B 12 & Vitamin D3 Levels
- S.Phosphorous
- S. Homocystine Level
- CRP
- Stool Routine & Micro
- Uric Acid
- S.Creatinine
- S.Calcium
- LIVER FUNCTION TEST
- S.Bilirubin
- SGPT
- Gamma GT
- Alkaline Phosphatase
- Total Proteins
- SGOT
- RADIOLOGY
- E.C.G.
- 2D Echo
- T.M.T.
- RADIOLOGY
- Chest X - Ray
- USG Whole Abdomen
- CT Coronary Angiography
- BMD (3 Region)
- Mammography(Bilateral)
- MRI - Any One Region
- Carotid Doppler
- OTHER TEST
- Pulmonary Function Tests(PFT)
- Audiometry
- PSA (Male)
- PAP Smear (Female)
- CONSULTATIONS
- Physician
- Ophthalmology
- ENT
- Dental
- Diet
- Dermatology
- Super Specialist - Any One Speciality

PRINCE AND PRINCESS

₹3000/-

Children can't be considered to be small adults. Their medical requirements are entirely different from the adults. Prince & Princess Package are

hence specially designed to provide a thorough screening of your kid's health, to cover almost all the aspects of an overall body check up.

- CBC with ESR
- Blood Group
- FBS / RBS
- Lipid Profile
- TSH
- Total Proteins with A:G Ratio
- RENAL FUNCTION TEST
- BUN
- S. Electrolytes
- Creatinine
- Uric Acid
- RADIOLOGY
- Chest X Ray
- CONSULTATION
- Pediatric
- Dental
- Ophthalmology
- ENT
- RADIOLOGY
- ECG

60+

MALE ₹8000/-

FEMALE ₹7500/-

Everybody wants to enjoy their old age free of any illnesses & health complications. But, the effects of aging vary from one individual to another. Senior Citizen package (Male/Female) is designed

specially to provide a thorough screening of any health complications for individuals above 60 years of age.

- CBC With ESR
- Lipid Profile
- FBS
- HbA1c
- TSH
- Stool Routine & Micro
- RENAL FUNCTION TEST
- Blood Urea/ Bun
- S.Electrolytes
- Urine Routine & Micro
- Uric Acid
- S.Creatinine
- S.Calcium
- LIVER FUNCTION TEST
- S.Bilirubin
- SGPT
- Gamma GT
- Alkaline Phosphatase
- Total Proteins
- SGOT
- RADIOLOGY
- E.C.G.
- 2D Echo
- RADIOLOGY
- Chest X Ray
- USG Whole Abdomen
- BMD (Single Region)
- OTHER TESTS
- PSA (Male)
- PAP Smear (Female)
- CONSULTATION
- Physician
- Dental
- Surgeon
- Gynecology
- Ophthalmology
- Dermatology
- ENT
- ADDITIONAL TESTS
- CT Calcium Scoring



*Accommodation Charges are included in the package

COMPREHENSIVE

Whole Body check-up Package (Male) includes a comprehensive check of all systems, including evaluation of cardiac systems, diabetes, liver function, etc. This check-up will give a detailed

assessment of the health status of an individual and is strongly recommended for all individuals having pre-existing illnesses like blood pressure, diabetes, or any chronic illnesses.

The modern Indian woman has lots of commitments towards family & her profession. This leaves her with no time to **take** care of her own health. This makes her very stressful & consequently susceptible to a no. of potentially serious medical problems. Whole Body check-up

Package – (Female) includes a comprehensive check of all systems, including evaluation of cardiac systems, diabetes, liver function, etc. This check-up is strongly recommended for all females above 30 years of age.

MALE ₹17000/-

FEMALE ₹18000/-

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|---|--|--|
| <ul style="list-style-type: none">• CBC With ESR• FBS / PPBS• HbA1c• Extended Lipid Profile• TSH• Vitamin B 12 & Vitamin D3 Levels• S. Phosphorous• S. Homocystine Level• CRP• Stool Routine & Micro | <ul style="list-style-type: none">• S. CalciumLIVER FUNCTION TEST• S. Bilirubin• SGPT• Gamma GT• Alkaline Phosphatase• Total Proteins• SGOTCARDIOLOGY• E.C.G.• 2D Echo• T.M.T.RADIOLOGY• USG Whole Abdomen• BMD (Single Region)• Chest X - Ray | <ul style="list-style-type: none">• MammographyOTHER TEST• Audiometry• Pulmonary Function Tests• PSA (Male)• PAP Smear (Female)CONSULTATION• Physician• Dental• Surgeon• Gynecology• Diet & Wellness Advice• Ophthalmology• Dermatology• ENT |
|---|--|--|

The cashless facility was a blessing for my family!



We hold the hands of our patients & allow them to avail treatment on cashless basis easily. Our Cashless Department will deal directly with your **MEDICLAIM / INSURANCE COMPANY** & complete the billing procedure for you. The journey becomes completely stress free & you get more time to experience our quality services .

SCOPE OF SERVICES*

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|---|---|
| <ul style="list-style-type: none">- Cardiology & Cardiac Surgery- Critical Care & Trauma- Dental Cosmetics & Implantology- ENT- General Medicine & General Surgery- Joint Replacement Surgery- Medical & Surgical Cancer- Neurology & Neurosurgery | <ul style="list-style-type: none">- Ophthalmology & Glaucoma- Orthopaedic Surgery- Radiology & Pathology- Rheumatology- Spine Surgery- Surgical Gastroenterology- Urology |
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