

May 18, 2023

### Shalby/SE/2023-24/19

The Listing Department

National Stock Exchange of India Ltd

Mumbai 400 051.

**Scrip Code: SHALBY** 

Through: <a href="https://neaps.nseindia.com/NEWLISTINGCORP/">https://neaps.nseindia.com/NEWLISTINGCORP/</a>

Corporate Service Department

BSE Limited Mumbai 400 001.

Scrip Code: 540797

Through: <a href="http://listing.bseindia.com">http://listing.bseindia.com</a>

Sub: Investor Presentation for the Quarter and year ended 31st March 2023.

### Dear Sir / Madam,

We are submitting herewith Investor Presentation on financial & operational performance of the Company for the Quarter and year ended 31<sup>st</sup> March, 2023.

We request to take the same on your records.

Thanking you,

Yours sincerely For **Shalby Limited** 

Tushar Shah AVP & Company Secretary

Mem. No: FCS-7216

Encl.: as above

**Regd. Office:** Opp. Karnavati Club, S. G. Road, Ahmedabad - 380 015, Gujarat, India. Tel: 079 40203000 | Fax: 079 40203109 | info.sg@shalby.org | www.shalby.org CIN: L85110GJ2004PLC044667







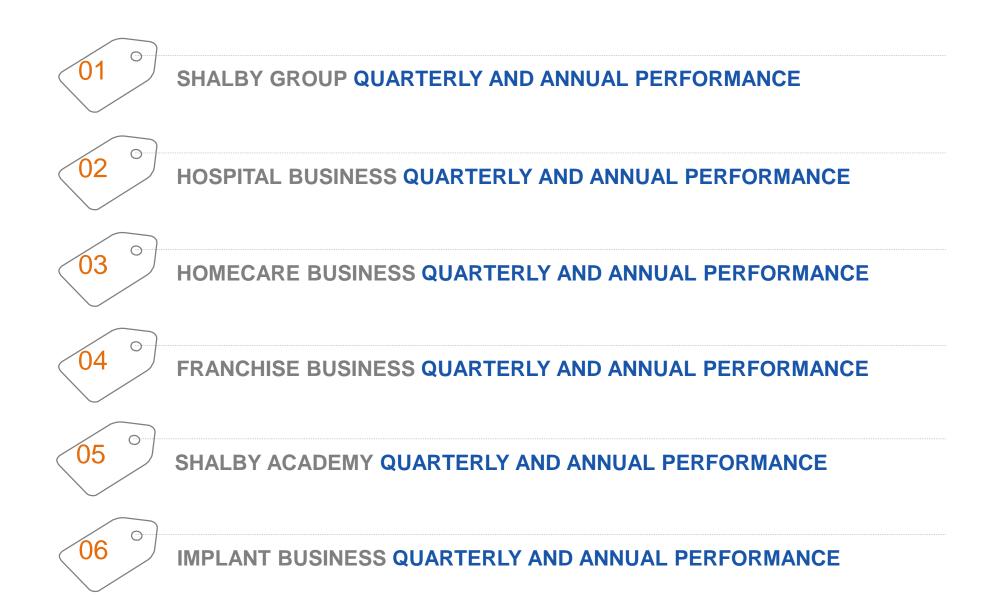
Q4 & FY2023







# **AGENDA**



# **Q4 FY23 Snapshot**



# Financial Highlights

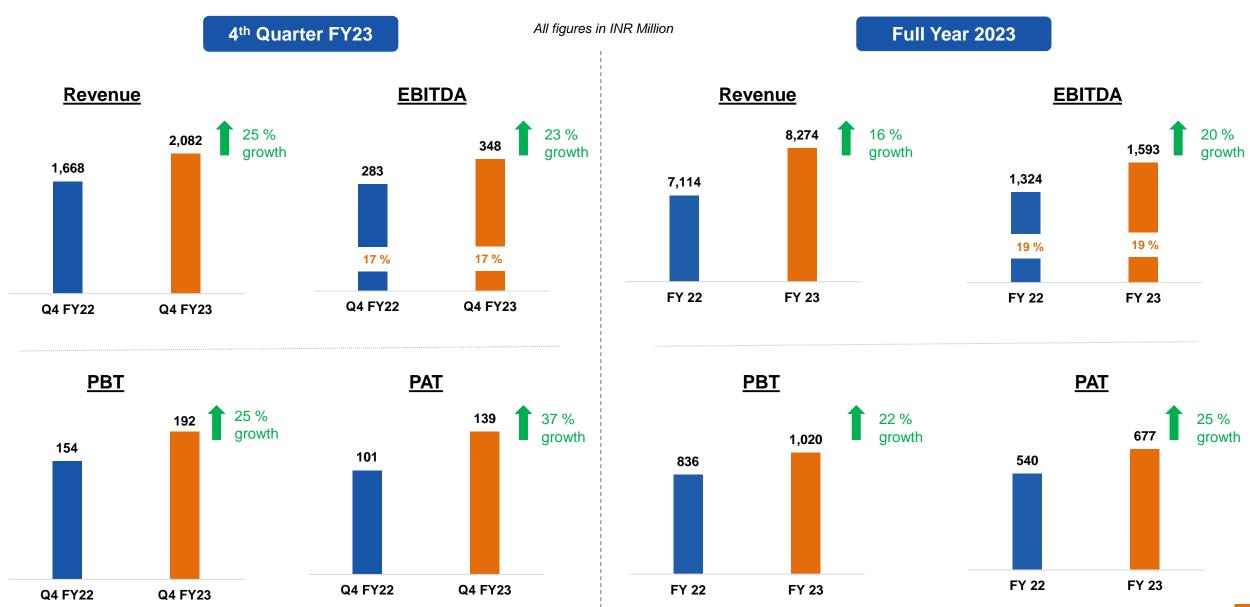
- Consolidated Revenue at Rs 2,082 mn in Q4 FY23 v/s Rs.1,668 mn in Q4 FY22, growth of 25% YoY
  - Hospital business Revenue at Rs.1,836 mn in Q4 FY23 grew by 21 % YoY from Rs.1,523 mn in Q4 FY22
  - Implant business Revenue at Rs.208 mn in Q4 FY23 grew by 103% YoY from Rs.103 mn in Q4 FY22
- > Consolidated EBITDA at Rs.348 mn in Q4 FY23 v/s Rs.283 mn in Q4 FY22, growth of 23% YoY
- > Consolidated PAT at Rs.139 mn in Q4 FY23 v/s Rs.101 mn in Q4 FY22, growth of 37% YoY
- Consolidated Net cash (after deducting total debt) stood at Rs.712 mn as on Mar'23 v/s Rs.475 mn as on Mar'22
- > Total debt at group level reported at Rs.1,417 mn as on Mar'23 v/s Rs.1,550 mn as on Mar'22
- > Annualized ROCE for Q4 FY23 stood at 13.2% v/s 11.4% in Q4 FY22

# Operational Highlights

- Total Surgery count has increased by 18% to 6,553 in Q4 FY23 on YoY basis
- > In-Patient<sup>1</sup> and Out-Patient volumes grew by 24% & 9% in Q4 FY23 YoY respectively
- Occupied Bed has increased by 16% to 579 beds from 499 in Q4 FY22
- Occupancy rate at 46% in Q4 FY23 v/s 40% in Q4 FY22
- ARPOB<sup>2</sup> grew to Rs.34,865 in Q4 FY23 from Rs.33,707 in Q4 FY22
- > ALOS<sup>3</sup> recorded at 4.01 days in Q4 FY23 v/s 4.12 days in Q4 FY22
- Gwalior SOCE got fully operationalized in Jan 2023.
- More than 9700 constructs (implants) were sold in full year FY23

# **Consolidated Performance Highlights**





# **Consolidated Profit & Loss**



All figures in Rs. Million

Profit & Loss						
Particulars (Rs. Millions)	Q4 FY23	Q4 FY22	Y-o-Y Growth	FY 2023	FY 2022	Y-o-Y Growth
Revenue	2,082	1,668	24.8%	8,274	7,114	16.3%
EBITDA	348	283	23.2%	1,593	1,324	20.3%
EBITDA Margin %	16.7%	16.9%		19.2%	18.6%	
PBT (before Exceptional Items)	192	154	24.8%	1,020	836	22.1%
Exceptional Items	-	-		-	(44)	NA
PBT	192	154	24.8%	1,020	791	28.9%
PBT Margin %	9.2%	9.2%		12.3%	11.7%	
PAT	139	101	37.3%	677	540	25.4%
PAT Margins %	6.7%	6.1%		8.2%	7.6%	

Balance Sheet				
Gross Borrowings	1,417			
Cash & Cash Equivalents1	2,129			
Net Cash/(Debt)	712			
ROCE <sup>2</sup>	13.2%			
Debt/Equity	0.15x			

- Strong Balance Sheet to fund future Capex plan
- Very Healthy Capital Structure
- Double-digit ROCE

### Notes:

- 1. Margins are calculated on the basis of Total Revenue
- 2. All numbers are on Consolidated basis



# Healthcare Conglomerate

### **Building An Integrated Orthopedic Solutions Ecosystem**

# **Multi-Specialty**

10 Hospitals across western and central India

- Headroom to grow further with existing bed capacity without additional capex
- Ongoing diversification of Arthroplasty with Cardiac, Onco & Neuro Science, Critical Care, General Medicine and Transplants
- Doubling ROCE with operational leverage Kicking in
- Homecare and International business further accelerate growth
- Adopting and Leveraging Technology to bring better medical outcomes and patient reach

# **Single-Specialty**

4 Shalby Orthopedics Centre of Excellence

- An Asset light franchise model will leverage Shalby expertise
- The Orthopedic centers to be equipped with the latest highdefinition arthroscopic systems and establish state-of-the-art joint replacements facility
- Shalby to monitor and control the quality of the services through FOSO and FOSM business model
- Plans to open 50 SOCE across India

# **Implant**

USA based Knee & Hip Manufacturing facility

- Manufacturing US FDA approved implants to sell across the US and international markets
- Highly experienced management team appointed to lead implant business
- Enables Shalby to procure high quality implants for its own consumption in India
- Plans to become USD 100 mn business









### Organized Joint replacement market in India

# )iversification in Revenue Mix

# A Legend and Visionary Doctorpreneur behind Shalby





Dr Vikram I Shah, Founder & Chairman

**Dr Vikram I. Shah**, the Founder of Shalby Ltd, is a world-renowned Joint Replacement Surgeon who innovated "**Zero Technique**" that revolutionized Joint Replacement Surgery.

A visionary entrepreneur, he transformed Shalby from a 6 bedded hospital in 1994 to an integrated healthcare group with 14 hospitals (10 Multispeciality and 4 Single Specialty) and 2000+ beds across 11 major cities in India and an implant manufacturing facility in California, USA.

Shalby is today the Biggest Corporate Hospital Group in Western and Central India focusing on all major disciplines in medicine with credentials of being the Largest Joint Replacement Centre of the World, having done over 1,48,000 successful joint replacement surgeries till date.

Leveraging this expertise, he has envisioned establishing 50 Orthopedic franchises in 30 cities in India.

Shalby Limited is listed on both the premier stock exchanges in India and has the aspiration of growing multifold while preserving the core values of "Passion, Compassion and Innovation".





# **HOSPITAL BUSINESS Performance**

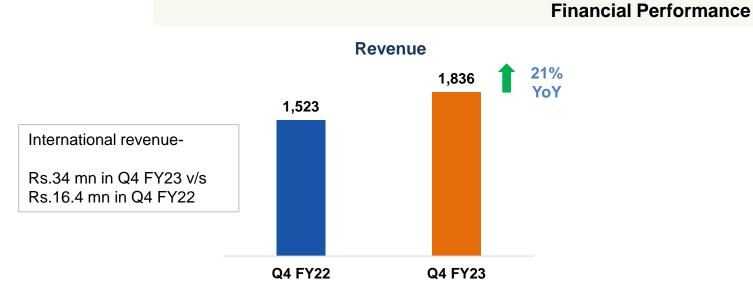


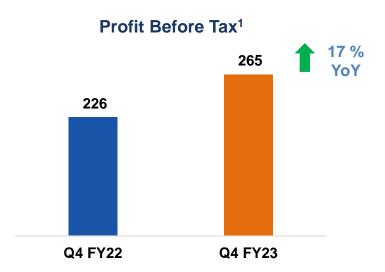
# Global Leader in Arthroplasty with increasing focus on Multi Specialty

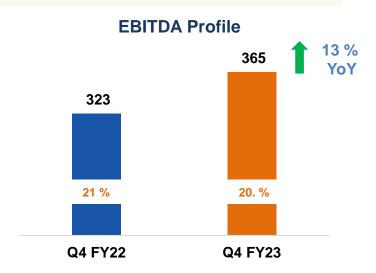
Surgery Count and YoY Growth			
Arthroplasty 3,170+	25%	Nephro & 490+	Urology 22%
Oncology 340+	30%	Cardic 220+	Flat
General & Cosm	netics	Orthopedi	c
630+	25%	730+	Flat

Operational Performance						
Particulars	Q4 FY23	Q4 FY22	YoY Growth	FY23	FY22	YoY Growth
In-Patient¹ (Nos.)	18,551	14.948	24.1%	71,893	61,173	17.5%
Out Patient <sup>2</sup> (Nos.)	1,12,229	1,02,752	9.2%	4,50,924	3,18,455	41.6%
Surgeries Count	6,553	5,558	17.9%	27,352	20,240	35.1%
ARPOB <sup>4</sup> ( In Rs.)	34,865	33,707	3.4%	34,842	31,347	11.1%
Operational Beds <sup>3</sup> (Nos.)	1,260	1,235	2.0%	1,260	1,235	2.0%
Occupied Beds	579	499	15.87%	570	563	1.2%
ALOS (without Daycare)	4.01	4.12	(2.6)%	3.92	4.55	(13.8)%

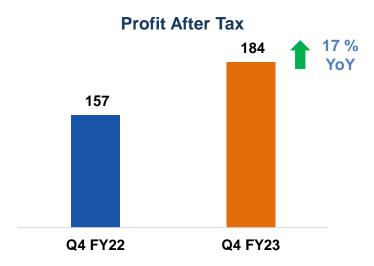








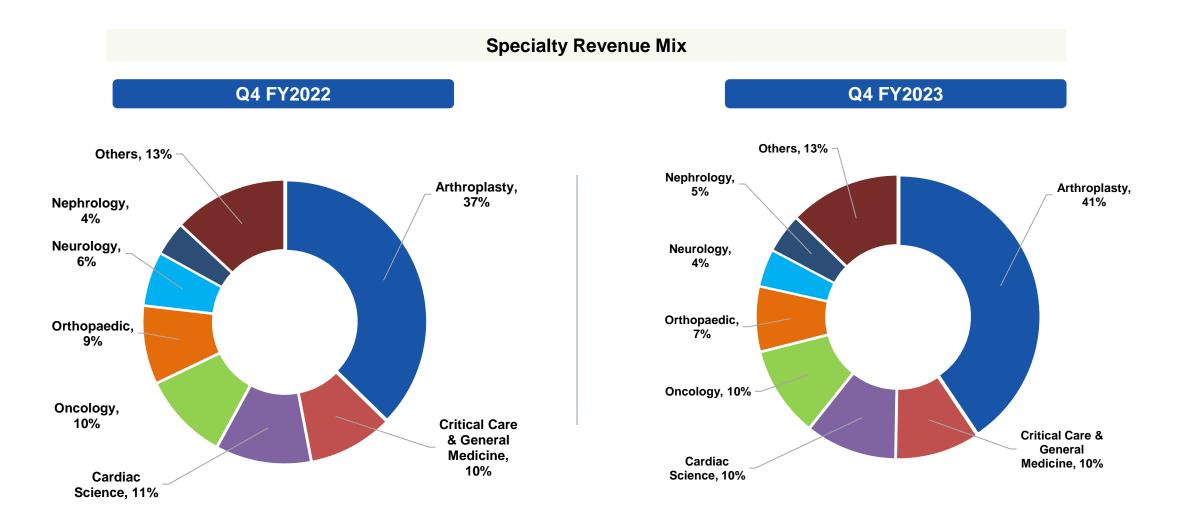
All Figures are in INR million



### Notes:

- 1. PBT is before Exceptional Items
- 2. All numbers are on Standalone basis
- 3. Revenue Includes Rs 0.1 mn from Vaccination in Q4 FY23 and Rs 7.9 mn in Q4 FY22

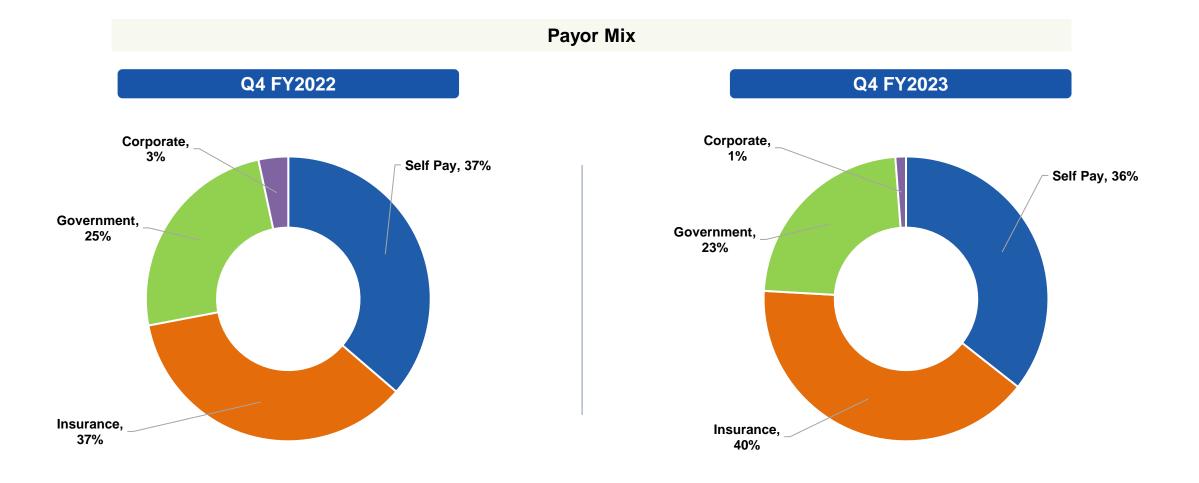




Global Leader in Arthroplasty with increasing focus on Multi Specialty

### Notoo:





# **Homecare Business Highlights Q4 and FY 2023**



# **Q4 FY2023 Highlights**



Patients Served 7,139 in Q4 FY23 v/s 5,198 patients in Q4 FY22, grew by 37% YoY



Revenue booked Rs.28 mn in Q4 FY23 v/s Rs.19 mn in Q4 FY22, grew by 47% YoY



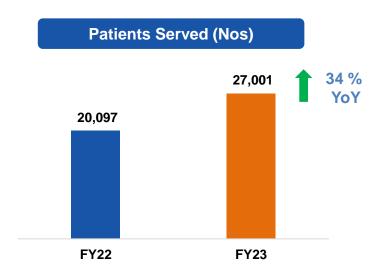
Achieved more than 425 Tele consultations across all locations

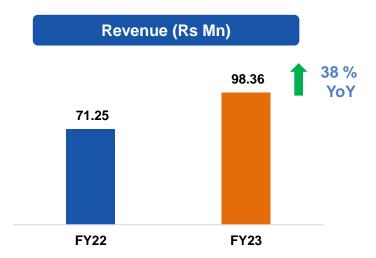
# **Shalby Homecare Comprehensive Services**

ICU @Home | Diagnostic | Pharmacy | Medical Equipment | Doctor Visit | Nursing Care | Physiotherapy | Patient Attendant

# **Industry Catalyst**

- Provide Quality Services Through High-end digital systems
- · Less Chances of hospital Required Infection
- Insurance Policies Covering Home Healthcare Expenses
- Economical Homecare Services Compared to Hospitals

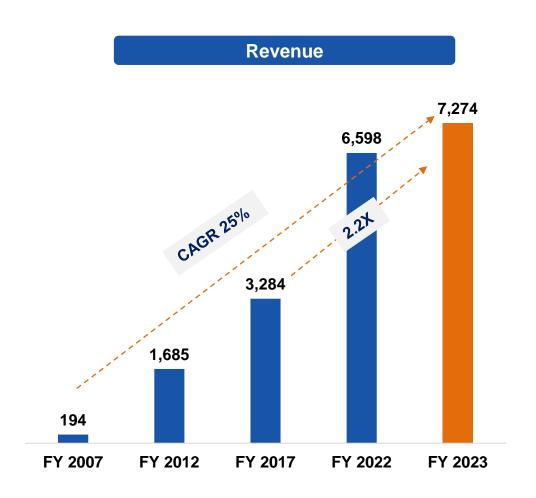


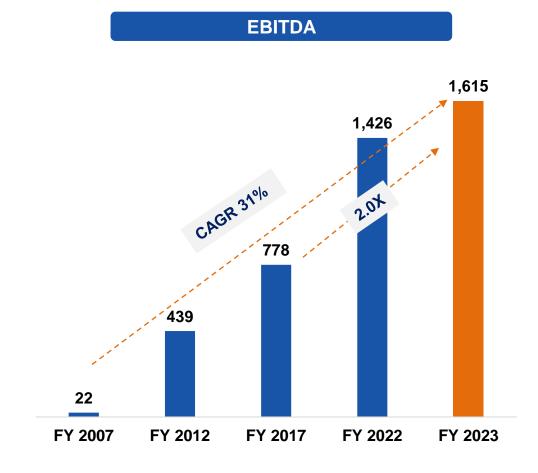


# **Hospital Business Highlights (FY 2023)**



# Shalby Continued to deliver high double-digit growth over the last 2 decades





# **Hospital Business Highlights (FY 2023)**



# **Surgery Count and YoY Growth**









Surgeries in other specialties have grown by high double digit





# **Hospital Business P&L and B/S**

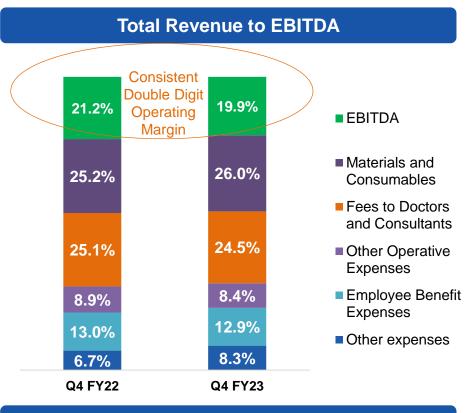


Profit & Loss (Rs. Mn)						
Particulars (Rs Millions)	Q4 FY23	Q4 FY22	YoY Growth	FY23	FY22	YoY Growth
Total Revenue	1,836	1,523	21%	7,274	6,598	10%
EBITDA	365	323	13%	1,615	1,426	13%
EBITDA Margin %	20%	21%		22%	22%	
PBT (Before Exceptional)	265	226	17%	1,214	1,044	16%
Exceptional items	0	0	(0)%	0	(44)	(100.0)%
PBT	265	226	17%	1,214	1,088	12%
PAT	184	157	17%	808	787	3%
PAT Margin %	10%	10%		11%	12%	

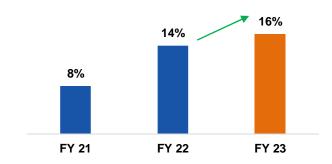
Balance Sheet as on Mar'23 (Rs Mn)				
Gross Borrowings 255				
Cash & Cash Equivalents <sup>3</sup>	1,948			
Net Cash/(Debt)	1,693			

### Notes:

- . Margins are calculated on the basis of Total Revenue
- 2. All numbers are on Standalone basis
- 3. Investments are in Liquid funds and FDs
- Investments are in Equity funds and FBsAnnualised ROCE = EBIT/ (Equity + Net debt)

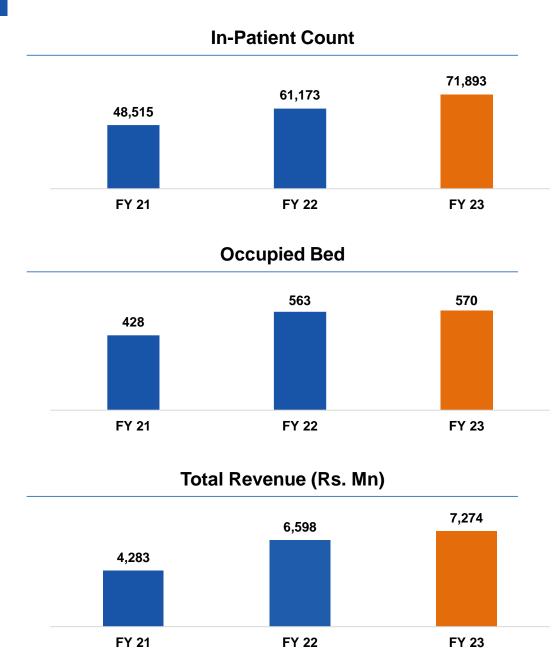


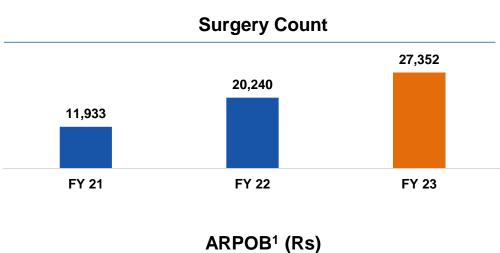
# **Shalby Delivering Double Digit ROCE**

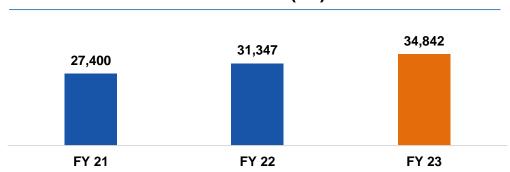


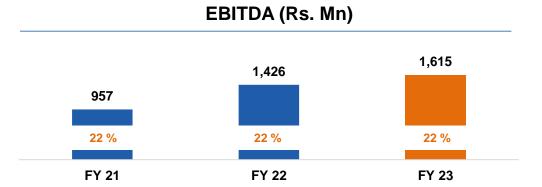
# **3 Year Annual Performance Trends**











# Clinical Update And Research Across Units during Q4 FY23



- Till date we have performed 220+ Transplants (Kidney and Liver) at Shalby SG and Indore hospital units
- First case of TAVI (Trans catheter Aortic Valve Implantation) performed successfully in Shalby Hospital Jaipur
- Implanted a novel device 'Micra AV leadless pacemaker' in a patient who had infection in previously implanted ordinary pacemaker. Micra is world smallest pacemaker without any wire.
- Septic shock patient with multi organ failure treated successfully at Shalby Hospital Jabalpur.
- High risk hernia surgery, which was refused at other hospitals, performed successfully at Shalby Hospital Jabalpur.
- 155 kg patient was undergone for successfully Bariatric surgery.
- Complicated caesarian section surgery performed successfully with teamwork at Shalby Hospital Jabalpur.
- Challenging case of severe pancreatitis treated successfully with Shalby Hospital Jabalpur.
- A challenging marginal kidney transplant is done successfully at Shalby Indore for 19 years old girl. The donor was a 61 yrs
  old brain-dead female patient with 3 vessal rather than one. This case was refused by all other hospital.
- Knee Replacement with general anesthesia performed for the first time in Rajasthan at Shalby Hospital Jaipur. This method
  used was USG guided nerve block technique as the patient had cardiac disease and it was not possible to administer
  general anesthesia.
- Complex gastrointestinal surgery performed successfully at Shalby Hospital Vapi.
- Hand, Heart, Kidney and Liver Transplant Licenses applied at other units
- ~28 clinical trials are currently underway across all hospital units and 18 clinical trials are closed during FY22-23

# **Key Focus Areas For Future In Hospital business**

24x7 Homecare Services

6

5

Leveraging Technology



### Global Leader in Joint Replacement with diversification in other specialties

· Continue to maintain global leadership in joint replacements

**Leadership position** 

in Arthroplasty

**Shalby** 

Hospital

 Ongoing diversification with Cardiac Science, Oncology, Neuro-science, Critical Care, General Medicine and Transplants

Training and

2

### **Prudent Capital Allocation**

 Sustainable Capex business model whereby becoming a preferred O&M partner on revenue sharing mode

 Focus to doubling ROCE in coming year due to operational leverage

### **Growth in Occupancy Rate**

 Additional 40% of the total bed capacity is available to support organic growth trajectory with limited capex

### **24x7 Homecare Services**

- Provide Quality Services Through High-end digital systems
- Growing no of services and markets outside home locations

# **Training and Development**

 Investment in high impact training programs will establish a dedicated professional medical base

# **Leveraging Technology**

 Adoption and leveraging technology to provide better medical outcomes, patient reach and satisfaction

# **Expansion Plan**

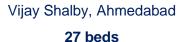
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 Nashik and Santacruz hospitals within development budget and provide access to important local markets

# **Hospital Journey & Further Expansion**











Vapi Shalby, Vapi (146 beds)
Krishna Shalby, Ahmedabad (220 beds)









Jaipur Shalby, Jaipur (237 beds)

Naroda Shalby, Ahmedabad (267 beds)

Surat Shalby, Surat (243 beds)

Zynova<sup>1</sup> Shalby, Mumbai (150 beds)



SG Shalby, Ahmedabad

201 beds



Jabalpur Shalby, Jabalpur (233 beds)
Indore Shalby, Indore (243 beds)
Mohali Shalby, Mohali (145 beds)







# **Expansion in Pipeline**

### Mumbai

Bed Capacity: 175

Business Model: Revenue Sharing

O&M Period: **30 + 30 years**Operationalization Year: **2025-26**Estimated Cost: **Rs. 1,600 million** 

- In the heart of Mumbai, Santacruz, to be equipped with state-of-the-art equipment and technology
- Diversifying Shalby presence by entering attractive Mumbai market
- Leveraging Shalby brand of multispecialty and catering to higher healthconscious demography with higher percapita income to avail services

### **Nashik**

Bed Capacity: 146

Business Model: Revenue Sharing

O&M Period: **30 years** 

Operationalization Year: 2023-24 Estimated Cost: Rs. 310 million

- Brownfield expansion into Nashik under Operations and Management arrangement
- Infrastructure will be built by Samruddhi (partner) and on completion will hand over to Shalby for managing the hospital
- Shalby will invest only into equipment's

Note:

1. Zynova is operating on Revenue sharing business model

70





# **SOCE Franchise Performance**

# Leveraging Expertise Through Franchise Asset Light Model Under SOCE



### SHALBY ORTHOPEDIC CENTRE OF EXCELLENCE

An Asset light franchise model will leverage Shalby expertise and enable to penetrate faster across pan-India

### **Business models**

# Franchise Owned - Shalby Operated (FOSO)

- The franchise is responsible for setting up the centre and SHALBY will be responsible for running the day-to-day operations.
- Investments for operational expenses and New medical Equipment by Shalby

# Franchise Owned - Shalby Managed (FOSM)

- Franchisee sets up SOCE Centre. The Operations are managed with a Shaby Appointed Unit Manager
- Centre operated as per Shalby SOP wrt clinical / non-clinical / admin / Purchase / SCM
- Investment for all Operational Expenses / New medical equipments by Franchisee.

### **SOCE Performance**

Bed Capacity	FY 2023
Vijay (Operated)	27
Lucknow (Operated)	40
Udaipur (Managed)	20
Gwalior (Managed)	50

Total Number of Surgeries Performed	FY 2023
Vijay (Owned & Operated)	180
Lucknow (Operated)	26
Udaipur (Managed)	219
Gwalior (Managed)	NA

Gwalior unit full operationalised in Jan'23



# **Upcoming Centre<sup>1</sup>**

Location	Bed capacity	Business Model
Rajkot (MOU Signed)	30	FOSO





# SHALBY ACADEMY

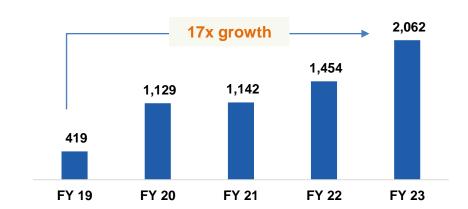
# **Shalby Academy** (Providing Industry Ready Education)

# SHALBY

### **Q4 FY23 highlights**

- 1. **240+ students** have registered for Paramedical Courses at Various Locations for the Academic Year (22-23).
- 2. Provided internship to more than **500** physiotherapist
- Provided clinical training to 600+ nursing students and clinical handson-training provided to 50+ nutrition and Dietetic students of various govt home science college.
- Trained more than 262 students on the various disciplines like allied health science, Lab Technician, Clinical, Paramedics, Hospital Management and Pharmacy as part of their academic outreach in Q4 FY23.
- 5. 3 MOUs signed in Q4 FY23 with
  - Indian Institute of Public Health, Gandhinagar
  - 2. Silver Oak university, Ahmedabad
  - University of Engineering and Management (UEM), Jaipur

# **Students Enrolled (In Nos)**



 Total Fees collected is recorded at Rs. 29 mn in FY23 grew by 21% from FY22

# **Domestic and International Partnership**































# **IMPLANT BUSINESS Performance**

# Diversified into Knee and Hip Implant Manufacturing In California, USA



# **Backward integration in Orthopedics with Inhouse capacity to consume in India**

80,000+ Components Manufacturing capacity

Vertically integrated Inhouse manufacturing Facility

High Quality US FDA Approved Implants

Made in USA

~30 Years of Zero Product Recalls

Surgeon's Training and Education Program

Seasoned Leadership team with decades of experience in Orthopedics

New Products in Pipeline

Presence in USA, Japan, India and Indonesia

# **Implant Business Performance FY 2023**



Total Revenue

Rs. 939 mn

**EBITDA** 

**Rs. 11 mn** 

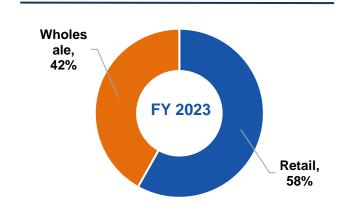
Constructs Sold

9700+

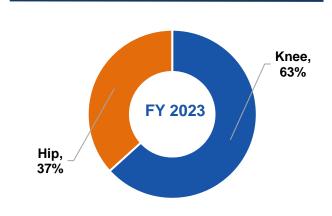
# **Geographical Sales Mix**



### **USA Customer Sales Mix**



### **Product Sales Mix**



# **Implant Business Roadmap**



# Shalby Advanced Technologies plans to become a Global player in a phased manner

# **Existing** Phase 1 Phase 2 **Market Latin America Middle East Countries North America** Argentina UAE Columbia Saudi Arabia **South East and North** Oman Japan **Asian Countries** Malaysia India Korea **South Asian Countries** Indonesia\* Bangladesh Nepal Currently we are in Phase-1

Phase 3

### **East Africa**

- Kenya
- Ethiopia
- Tanzania

**CIS Countries** 

<sup>\*</sup>Received License in Feb 2023

# 29 Years of ELITE Legacy

to capture massive

opportunities





ELITE

interests of patients

and families at the

focus

# **Hospitals Portfolio**



# **Multispecialty Units (Owned and Managed)**



**SG Shalby** 



Vapi Shalby





**Krishna Shalby** 



**Jabalpur Shalby** 



**Indore Shalby** 



**Mohali Shalby** 



**Zynova Shalby** (Mumbai)



**Jaipur Shalby** 



**Naroda Shalby** 



**Surat Shalby** 





**Vijay Shalby** 



**Udaipur Shalby** 



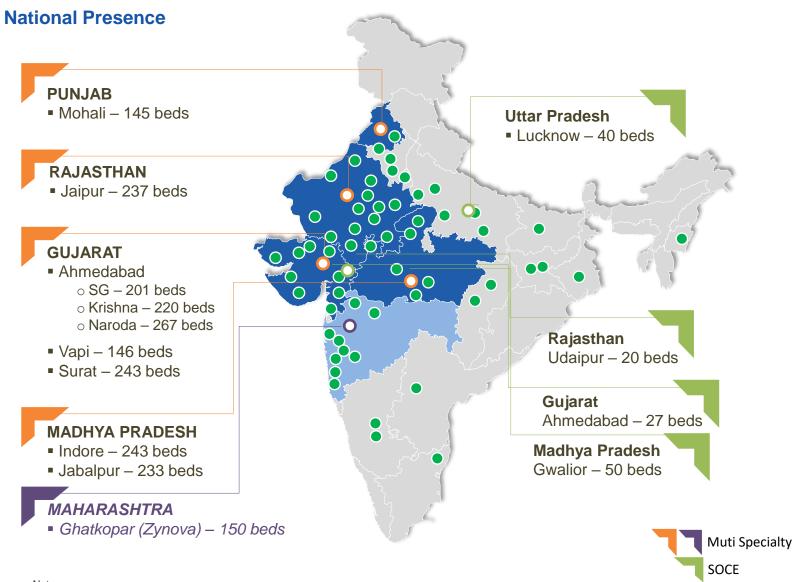
**Lucknow Shalby** 



**Gwalior Shalby** 

# **Biggest Healthcare Corporate Group in Western and Central India**





- O 10 Multispecialty and 4 Single specialty Hospital (SOCE) 2000+ Bed Capacity in 11 cities
- 59 OPDs across 16 states
- O Upcoming 2 Units (321 Beds)

### **MAHARASHTRA**

- Mumbai (Santacruz) 175 beds
- Nashik 146 beds

### > International Presence



### Note:

- Zynova is operating on Revenue sharing business model
- Udaipur and Lucknow are SOCE FOSM, and SOCE FOSO respectively

# **Sustainability Initiatives in FY2023**



**ESG Mindset** 

"We at Shalby are embracing sustainability to drive new values to our business"



**Trainings** 

38,800+ and 24,200+ Man Hours

Clinical and Non-Clinical training provided

**Gender Diversity** 





Male- 64%

Female-36%

**Employee Satisfaction** 

**4.7 out of 5** Rating on Ambition Box

**4.9 out of 5** Rating on Glassdoor

Community Connect

Workplace Wellness

Workforce Training

**Programs** 

**Healthcare Awareness** 

935+ Healthcare Camps

50,000+ Life impacted



388+ Healthcare Talks

25,000+ participation



250 + Healthcare awareness videos (~1000 Mins)

**28+** long and short videos as part of YouTube partnership project

# **Sustainability Initiatives in FY2023**



ESG Mindset Shalby Life Saviour program to outside community as a part of healthcare awarenes





**Educational Institutions** 

Trained 937 Students & Teachers Total Training Hours invested 1,405



**Corporate Institutions** 

Trained 2239 Corporate Professionals Total Training Hours invested 3,359



Community & Govt. Institutions

Trained 8490 People incl. Govt Emp's Total Training Hours invested 12,735

Community Connect

Workplace Wellness

Workforce Training

# **Experienced Board Of Directors**





**Dr. Vikram Shah**Chairman and Managing Director

Almost three decades of professional healthcare experience across UK, USA and India, Dr. Shah has been serving as Director of the Department of Knee Replacement at Shalby Hospitals since 1993. Recognised for his outstanding contribution in the field of orthopaedics on completion of 1,00,000 joint replacement surgeries, he received the 'Times Man of the Year' Award by Times of India Group in 2018.



Mr. Sushobhan Dasgupta
Non – Executive Director

A strategist with 30+ years of experience in the field of healthcare, worked in several developed and emerging markets across several businesses and disciplines in the medical technology, orthopedics and consumer health sectors. Responsible for managing the hospital business and leading strategic initiatives at Shalby and also to expand Shalby's implant business in India and Internationally. A former Vice President-Orthopedics, DePuy Synthes at Johnson & Johnson Medical Asia Pacific and a member of the Johnson & Johnson Global Orthopedic management team.



**Dr. Ashok Bhatia**Non- Executive Director

With more than 40 years of professional experience, in the past Dr. Bhatia was associated with Cadila Healthcare as President, Emerging Markets. Currently, he is an external consultant of McKinsey & Co and a visiting faculty member at IIM Ahmedabad, IIM Rohtak and IIT Gandhinagar.



Mr. Shyamal Joshi Independent Director

Associated with Shalby Hospitals since 2010, Mr. Joshi has significant experience in various areas including corporate strategy and fund raising. he holds a Bachelor's degree in Commerce from Gujarat University and is also a member of the ICAI.



Mr. Tej Malhotra Independent Director

Mr. Malhotra has over four decades of experience in various industries both in India and internationally. Previously he held the positions of Senior Executive Director at GHCL, Technical Director at Idea Soda Ash and Calcium Chloride Company of Saudi Arabia and Executive Engineer (Mechanical) at Hindustan Copper.



**Dr. Umesh Menon** Independent Director

Dr. Menon has experience in the areas of finance and cost accounting and is currently also on the board of directors of Varis Management Services. He is a regular visiting faculty member at Emirates Foundation and an international expert and trainer for the United Nations Industrial Development Organisation.



Ms. Sujana Shah Independent Director

Ms. Shah is a practicing Chartered Accountant and has vast experience of over 18 years in the fields of finance, accounts, audit, direct and indirect taxes, banking and treasury. Presently she is a partner of V. R. Shah & Associates. She has also been the statutory and internal auditor of some of the most reputed public banks of India.

# **Shalby In News**



### **Shalby featured in Medgate Today**



### An Article by Dr Vikram Shah, CMD on Medical Buyer



### **Interview with Moneycontrol**



# CNBC TV 18 interviewing Mr Shanay Shah, President on Shalby's business outlook



# Interview of Shanay Shah, President on Dalal Street



# What is your outlook on the Indian healthcare and hospital services industry? What are the key emerging trends that you are witnessing in the post-pandemic world?

According to Nitl Aayag 2021 Report on the huge investment opportunities in India's healthcare sector, healthcare has become one of the largest parts of the Indian economy in terms of both, revenue and employment. It has been growing at a CAGR of 22 per cent since 2016, employing 4.7 million people directly. The COVID-19 pandemic opened up several opportunities for India to grow. It has opened the floodgates for Indian start-ups, many of which, have risen to the occasion and accelerated the development of low-cost, scalable & quick solutions. Furthermore, the pandemic is providing an impetus to the expansion of telemedicine and the home healthcare market in the country.

# •Passion •• Compassion •• Innovation •

### 165 KG Patent Knee Replacement Surgery

# 165kg woman gets knee replacement

The 60-year-old

from Sudan had

which affects the

lymph nodes and

swelling along with

rapid weight gain

facing tihial base plate was

used along with specially-

designed implants to ensure

that they can bear her we-

ight, "We designed and ma-

nufactured the implant, the

the patient's son and a doc-

tor, said they chose India

and Ahmedabad for the pro-

cedure due to the risks in

volved and are happy with

Waddah Shamisuddin

first in India.

elephantiasis.

causes tissue

Ahmedabad: A 60-year-old woman from Sudan, who weighed 165kg, underwent knee replacement at a city hospital, becoming one of the heaviest persons to undergo the procedure. Dr Vikram Shah, CMD of Shalby Hospital, who carried out the surgery with his team, said that hospital had previously performed knee replacement on a man weighing 162kg back in 2010.

Samia Ahmed, a resident of Khartoum in Sudan, was diagnosed with elephantiasis in 2005, where a person's limbs expand abnormally. This vector borne disease affects tthe lymph nodes and causes ralants were placed into her pid weight gain. Speaking to the media. Ahmed said bones. When the implants she had two leg fractures are very old, they get interdue to the weight and unwoven in the bone and are derwent five orthopedic difficult to remove," he said. surgeries in Sudan, UAE adding that a special resur-

Dr Shah said her legs had been severely damaged due to her weight and multiple procedures, making this a high-risk surgery. "For any patient with a high body weight, there are multiple issues in hip and from the size of the implant to the procedure protocols. In her case, plates and imp-

and Egypt before the family

chose India

શેલ્બી હોસ્પિટલ અમદાવાદ ખાતે ૧૬૫ કિલો વજનના પેશન્ટ પર સફળ ની રિપ્લેસમેન્ટ સર્જરી કરવામાં આવી



૧૬૫ કિલો વજન ધરાવતી છે. ૨૦૦૫માં તેમને હાથીપગાની સાંધાનો આર્થરાઇટિસ) થવાની શક્યતા વિશ્વ વિષ્યાત જોઈન્ટ રિપ્લેસમેન્ટ સદાનની ૬૦ વર્ષીય એક મહિલા પર બીમારી થઈ હતી. આ બીમારીમાં વધી જાય છે.સામિયા અહેમદને તેમના સર્જન અને શેલ્બી હોસ્પિટલ્સના યેરમેન . બમદાવાદ ખાતે શેલ્મી હોસ્પિટલમાં ડો. મચ્છર કરડવાથી વ્યક્તિના હાથ અને ૫ પગમાં અગાઉ બે વખત ફ્રેક્ચર પણ અને મેનેજિંગ ડિરેક્ટર ડો. વિક્રમ શાહ વિક્રમ શાહ અને તેમની ટિમ દ્વારા બંને ગમાં અસાધારણ સોજો આવી જાય છે. થયા હતા. ૨૦૧૨માં તેમને જમણા પ શેલ્બી ના સુપ સીઓઓ ડૉ. નિશિતા લુંટલની સફળ ની રિપ્લેસમેન્ટ સર્જરી તેના કારણે તેમનું વજન ઝડપથી વધવા ગમાં ૩જા ટિબિયાબોન (લુંટીથી ઉપરનું શુક્લા, ગ્લોબલ OPD ડિરેક્ટર ડૉ. કરવામાં આવી છે. સામિયા અહેમદ લાગ્યં. આપણા ચૂંટણના સાંધા અને થાપ હાડકે) માં ફ્રેક્ચર થયું હતું જ્યારે ભરત ગજર અને શેલ્બી ના સિનિય: નામની મહિલા સુદાનની રાજધાની ાના સાંધા પર આખા શરીરનું વજન ૨૦૧૫માં પ્રોક્સિમલ ટિબિયા (ધૃંટણથી જોઈન્ટ રિપ્લેસમેન્ટ સર્જનો ડો. શ્રીરંગ ખાર્ટમના રહેવાસી છે અને તેમના પતિ આવે છે. સ્થુળશ્રય વ્યક્તિના ધુંટલ અને સહેજ નીચેનું હાડ્કું)માં ફ્રેક્ચર થયું હતું. દેવધર, ડૉ. આશિષ શેઠ, અને ડૉ. એક બિઝનેસમેન છે, જ્યારે તેમનો એક થાપા વધારે દબાણ સહન કરે છે. તેથી ભૂતકાળમાં તેમણે આ માટે પાંચ ઓર્થીપ જયેશ પાટીલ હાજર હતા.

લ્સમાં આયોજિત પ્રેસ કોન્ફરન્સમાં શેલ્બી ની સર્જનોની ટીમે આ કેસ વિશે વેગતવાર વાત કરી હતી. દર્દી અને ની તેના પુત્રો એ પણ કોન્ફરન્સનો ભાગ

ાળતાનો ઇતિહાસ રહ્યો છે. જેના



### **Organ Donation at Shalby SG**

ડો. જગદીશયંદ્ર ધોળકિયા ઉત્તર ગુજરાતના શરૂઆતના હોમિયોપેથિક ડોક્ટરો પૈકીના એક હતા

# શેલ્બી હોસ્પિટલ ખાતે ડોક્ટરના મૃત્યુ પછી બે કિડની, લીવરનું અંગદાન કરાયું

ત્યારે તબીબ અચાનક જ બેભાન થઇ ગયા હતા

અમદાવાદ સ્થિત શેલ્બી હોસ્પિટલ શેલ્બી હોસ્પિટલ ખાતે લઇ જવામાં ખાતે ડોક્ટરના મૃત્યુ બાદ તેમના આવ્યા હતા. જ્યાં હોસ્પિટલની ટીમ પરિવારે બે કિડનીનું અંગદાન કરતા દ્વારા તેમની સારવાર શરૂ કરવામાં અન્ય બે વ્યક્તિઓને નવજીવન આવી હતી, તેમની તપાસમાં તેઓને મળશે. નોંધનીય છે કે, ડો. જગદીશચંદ્ર ગંભીર બ્રેઇન હેમરેજ થયું હોવાનું



ધોળકિયા ઉત્તર ગુજરાતના શરૂઆતના સામે આવ્યું હતું. બીજા દિવસે તેમની બાબત રહેશે તેવું નક્કી કર્યું હતું. તેમના આપી શકે છે. હજુ પણ મોટી સંખ્યામાં હોમિયોપેયિક ડોક્ટરો પૈકીના એક તબિયત વધુ બગડી હતી અને તેઓને પુત્ર ડો.આલાપ યોળકિયાએ કહ્યુ કે, લોકો યોગ્ય દાતા ન મળવાથી જિંદગી હતા, તેઓ ડીસા ખાતે છેલ્લા ૪૫ બ્રેઇન-ડેડ જાહેર કરવામાં આવ્યાં હતાં. "મારા પિતા હંમેશા તેમનાં દર્દીઓને ગુમાવી રહ્યા છે. સમગ્ર પરિવાર આ વર્ષથી વધુ સમયથી હોમિયોપેથીની ડો.જગદીશચંદ્રના પરિવારમાં તેમનાં સમર્પિત હતા, પાલનપુરમાં પણ તેમનું માટે પ્રશંસાપાત્ર છે. અમે લોકોને પ્રેક્ટિસ કરતા હતા. ડો. ધોળકિયાએ પત્ની ડો. કલ્પના ધોળકિયા, પુત્ર ડો. એક ક્લિનિક હતું, જ્યાં તેઓ રવિવારે વિનંતી કરીએ છીએ કે તેઓ આમાંથી તેમનો હોમિયોપેથીનો અભ્યાસ આલાપ સહિતના પરિવારના સભ્યોએ તેમનાં દર્દીઓને તપાસતા. તેઓ પ્રેરણા લઇને આગળ આવે અને કર્લાટકના બેલગાંવથી સીતેરનાં તેઓએ તેમના મૃત્યુ પછી તેમનાં બહારગામન હોય, ત્યાંસુધી તેમને માટે અંગદાન માટે તેમની નોંધલી કરાવી દાયકાની શરૂઆતમાં કર્યો હતો. તે અંગોનું દાન કરવુંએ સૌથી યોગ્ય કોઇ દિવસ રજા માટેનો ન હતો. તેઓ જિંદગીઓ બચાવે."

સમગ્ર જિંદગી લોકોની સેવા કરી અને અમે જાલતાં હતા કે તેમનાં અંગોનું દાન કરવું એ જ તેમને યોગ્ય શ્રદ્ધાંજલિ ડો. ધોળકિયાનાં લિવર અને બે

કેડની શેલ્બી ખાતે દાખલ બે દર્દીઓને નાપવામાં આવી છે. ત્યારે તબીબોએ જણાવ્યં હતું કે, "અંગદાન કરીને એક દાતા આઠ લોકોને નવી જિંદગી

# **Shalby Partnering** 08:36 with Google 44 98%



next year | Photo Credit: Haider Ali Khar

YouTube also announced that it would expand to work with more healthcare institutions including Narayana, Manipal, Medanta, and Shalby to create and amplify credible content, covering more than 100 conditions in Hindi. Marathi, Tamil, Telugu, Kannada, Gujarati, Bengali, and English.

YouTube is also testing the ability to have a single video with multiple audio tracks across different languages.

YouTube is further piloting an AI-enabled solution, Aloud, that will allow a small group of healthcare providers to simplify the process of dubbing and creating content that supports uploading a single video with multiple audio

### **Multi Organ Centre of Western India** in association with Global Hospital.

ખાનગી હોસ્પિટલમાં ખાસ સુવિધા તૈયાર કરાશે ગુજરાતમાં પ્રથમ વખત હેન્ડ ટાન્સપ્લાન્ટ પ્રોગ્રામ શરૂ થશે

રાજ્યમાં સૌપ્રથમ વખત હેન્ડ ટ્રાન્સપ્લાન્ટની સુવિધા માટે એસજી હાઇવે પરની શેલ્બી હોસ્પિટલ દ્વારા હેન્ડ ટ્રાન્સપ્લાન્ટ પ્રોગ્રામ શરૂ કરવામાં આવશે

હાલમાં હોસ્પિટલે ટ્રાન્સપ્લાન્ટના લાયસન્સ માટેની પ્રક્રિયા હાથ ધરી મુંબઇની ગ્લોબલ હોસ્પિટલ સાથે હાથ મિલાવ્યાં છે. જેથી હેન્ડ ટ્રાન્સપ્લાન્ટની સુવિધા ગુજરાતમાં ઉભી થતાં લોકોને મુંબઇ, બેંગ્લુરુ અને ચેન્નાઇ જવું પડશે નહિ. તેમજ આગામી સમયમાં હોસ્પિટલમાં આગામી સમયમાં લંગ્સ, હાર્ટ અને લિવર ટ્રાન્સપ્લાન્ટની સુવિધા ઉભી કરાશે. શેલ્બી હોસ્પિટલના ગ્રુપ મેડિકલની ટીમ કાર્યરત રહે છે.

જણાવે છે કે, ગુજરાતમાં હેન્ડ ટ્રાન્સપ્લાન્ટેશન સેન્ટરને અભાવે ડોનેટ કરાયેલા હાથ બીજા રાજ્યમાં લઈ જવા પડે છે. હોસ્પિટલમાં હેન્ડ ટ્રાન્સપ્લાન્ટનું લાયસન્સ પ્રાપ્ત થયા બાદ હેન્ડ ટ્રાન્સપ્લાન્ટેશનની જરૂર ધરાવતાં દર્દીને ઘરઆંગણે સવિધા મળશે. હોસ્પિટલના પ્લાસ્ટિક-રિકન્સ્ટક્ટિવ સર્જન ડો. હાર્દિક ડોડિયા જણાવે છે કે, અકસ્માત, દાઝી જવા સહિત અન્ય કારણોથી બંને હાથ ગુમાવનાર જ હાથ ટાન્સપ્લાન્ટ કરાવી શકે છે. દેશમાં હજ સધી 20 હેન્ડ ટ્રાન્સપ્લાન્ટ થયા છે. 16 કલાક ચાલતી આ પ્રોસિજરમાં પ્લાસ્ટિક, ઓર્થોપોડિક, સહિત 30 જેટલાં મેડિકલ અને પેરા

### Partial Knee Replacement in Shalby, Surat

# घुटने का ओपरेशन के बाद भी मरीज पलाठी मारकर जमीन पर बैठ सकता है ऐसा ओपरेशन सुरत में किया गया

# दक्षिण गुजरात में पहली बार शेल्बी हॉस्पिटल सूरत में पार्शियल नी रिप्लेसमेंट सर्जरी हुई

विटामिन ई पॉली के साथ एक नए प्रकार की पार्शियल नी रिप्लेसमेंट सर्जरी है जे दक्षिण गजरात में पहली बार शैल्बी अस्पताल सुरत में की गई है। यह शैल्बी के सीनियर

है और पारंपरिक पार्शियल नी आदर्श प्रक्रिया है। यह भारत में रिप्लेसमेंट की तलना में इसके विटामिन ई पॉली का उपयोग रिप्लेसमेंट की दीर्घावधि को टक्सप्लास्टी करने वाले शेल्बी



जॉइंट रिप्लेसमेंट सर्जन डॉ. मनु काफी बढ़ाता है। घुटने का केवल टक्सप्लास्टी खास कायदे है। पारंपरिक करने वाली पार्शियल नी पार्शियल नी रिप्लेसमेंट का रिप्लेसमेंट सर्जरी का एकमात्र युनिकम्पार्टमेंटल नी रिप्लेसमेंट, प्रकार है। 60 वर्षीय रोगी, यनिकॉन्डाइलर नी रिप्लेसमेंट और सविताबेन कोरिंगा टक्सप्लास्टी के किया गया है। अमेरिका के जाने-

जॉइंट रिप्लेसमें सर्जन डॉ. मनु शर्मा ने कहा, सविताबेन के घुटने को सीमित क्षति हुई थी और इसलिए दमने उनके मामले में

शर्मा ने की थी। टक्सप्लास्टी एक एक हिस्सा क्षतिग्रस्त हो और उसे यनिकोन्डाइलर नी सिस्टम इम्प्लांट क्रांतिकारी नी रिप्लेसमेंट प्रक्रिया बदलना हो तो टक्सप्लास्टी एक का उपयोग किया जाता है, जिसे प्रयासों के बाद संयक्त राज्य अमेरिका में शैल्बी एडवांस्ड टेक्नोलॉजी मैन्यफेक्ररिंग प्लाट में विकसित माइक्रोप्लास्टी जैसे विभिन्न नामों लिए एक आदर्श केस थी क्योंकि माने जॉइट रिप्लेसमेंट सर्जन ने इस से जाना जाता है। टक्सप्लास्टी में उनके बाएं घटने का केवल एक अनोखे जॉइंट इम्प्लांट को

सरत में टक्सप्लास्टी विटामिन ई ली के साथ पार्शियल

रेप्लेसमेंट की सफल सर्जरी हुई है रिप्लेसमेंट प्रक्रिया है और ारंपरिक पार्शियल नी रिप्लेसमेंट की तलना में ज्यादा बेहतर है।

क्षिण गुजरात में पहली बार शैल्बी हॉस्पिटल में हुई टक्सप्तास्टी

जॉइंट रिप्लेसमेंट सर्जन हॉ. मन् इसमें बहुत छोटा चीरा, अस्पताल में इस सर्जरी के बाद लोगों के लिए फर्ज शर्मा ने कहा कि सविताबेन के घुटने कम रहने, न्यूनतम हड्डी हटाने, पर पालथी मारकर बैठना सरक्षित है को सीमित क्षति हुई थीं। इसलिए घुटने के स्वस्थ हिस्सों में कार्टिलेज जबकि टोटल नी रिप्लेसमेंट सर्जर टक्सप्लास्टी करने का निर्णय किया और लिंगामेंट का संरक्षण, न्युनतम के मामले में ऐसा करना उचित नहीं गया। अमेरिका के जॉइंट रिप्लेसमेंट रक्त हानि, शीघ्र पुनर्वास, संक्रमण होता। घुटने का केवल एक हिस्सा इस्तेमाल बिटामिन इं पॉली बहुत हिस्सा ही श्वतिग्रस्त हुआ था। विकसित करने के लिए इम्प्लॉट सर्जन ने इस अनोबे जॉइट इम्प्लंट और खड़ क्लॉट का न्यूनतम श्रतिग्रस्त हो और उसे बटलना हो तो कम पिसावट दर के साथ जाईट दक्षिण गुजरात को पहली डेवलपर्स के साथ सहयोग किया को विकसित करने के लिए इम्प्लीट जोवियम जैसे कई फायरे हैं। भारतीय टक्सप्लास्टी आदर्श प्रक्रिया है।

### **Nerve block technique during Joint** Replacement surgery in Shalby Jaipur

बीमारियों से जुझ रहीं 80 वर्षीय प्रेमलता (परिवर्तित नाम) के लिए जीवन और अधिक मुश्किल हो गया जब ऑर्थराइटिस के कारण उनका दाहिना घटना खराब असंभव हो गया था। उन्हें बोड प्रत्यारोपण सर्वरी की सलाह तो हर जगह से मिली लेकिन हार्ट में लगी हिवाइस और बेहद कमजीर पंपिंग क्षमता (मात्र २० प्रतिशत) के चलते उनकी सर्वरी में काफी जोखिम था। लेकिन शहर के

अल्टासाउंड गाइडेड नवे

# **Shalby In News**

### **Industry Stories & Doctors** Quotes





### On This Bone & Joint Day: 8 Best Orthopedics advice on how to manage arthritis

ANI I Undated: Aug 04 2022 11:43 IST

New Delhi [India], August 4 (ANI/PNN): Joint pain and stiffness over a period of time is known as Arthritis, and it worsens with age and requires treatment.

As we celebrate Bone and Joint Day on the 4th of August, these best orthopedics are sharing their advice on managing or delaying arthritis flares when they arise

MBBS, MS - Orthopaedics, DNB - Orthopedic Surgery, MNAMS - Orthopaedics

Specialist in Shoulder, Arthroscopy & Sports Injuries

C K Birla Hospital, Gurugram

Arthritis can be debilitating for the patient, restricting their movement and causing pain. Better moving joints will dampen the effects of arthritis; this should be supplemented with an occasional analgesic to allow pain-free movement along with specific targeted treatment. The best way to keep the keep your muscles well toned and reduce the load on the degenerating joint allowing the significant symptomatic benefit.

### **Shalby Surat completed 5 years**

# શેલ્બી હોસ્પિટલના પાંચ વર્ષ પુરા : ૨૫ હજાર ડાયાલિસિસ, ૨૦ હજાર ગંભીર દરદીઓની સારવાર ઘૂંટણ બદલવાની ૫૦૦૦ સર્જરી થઇ : કરોડરજ્જુના દરદીઓની સફળ સારવાર

સુરત.તા.૨૭ શેલ્બી હોસ્પિટલમાં પાંચ વર્ષમાં જોઇન્ટ રિપ્લેસમેન્ટ અને મિનિમલી ઇનવેઝિવ સ્પાઇનની ૧૦ હજાર સર્જરી કરવામાં આવી છે. હોસ્પિટલમાં ૨૫ હજાર ડાયાલિસિસ અને ૨૦ હજાર જેટલા ગંભીર દર્દીઓની સારવાર પાંચ વર્ષમાં થઇ

શહેરની શેલ્બી હોસ્પિટલને મલ્ટી-સ્પેશિયાલિટી હોસ્પિટલોમાંની એક ગણવામાં આવે છે. તેણે પાંચ વર્ષ પૂર્ણ કરતા એક પત્રકારપરિષદનું આયોજન કરવામાં આવ્યું હતું. જેમાં હોસ્પિટલની ખાસિયતનો ઉલ્લેખ કરવામાં આવ્યો હતો. ૨૪૩ બેડની મટિટસ્પેશિયાલિટી હોસ્પિટલ જે ગુજરાતના હૃદય સમાન સુરતમાં ઉચ્ચ ગુણવત્તાની આરોગ્ય સેવાઓ આપે છે. અત્યાર સુધીમાં ૨ લાખથી વધુ લોકોની સારવાર કરી છે. આ હોસ્પિટલમાં વધુ સંખ્યામાં જોઇન્ટ રિપ્લેસમેન્ટ અને મિનિમલી ઇનવેઝિવ સ્પાઇન સર્જરી કરવામાં આવે છે. અહીં આ પ્રકારની ૧૦,૦૦૦ થી વધુ સર્જરીઓ કરવામાં જેટલા ગંભીર દર્દીઓની સારવાર કરી ચીફ્ર આવી છે જેમાંથી ૫,૦૦૦ જેટલી છે. ઘંટણ બદલવાની સર્જરીઓ છે. આ



### ૧૬ વર્ષના તરૂણની સ્કોલિયોસીસની સફળ સર્જરી

અંકલેશ્વરના ૧૬ વર્ષિય આયુષ પ્રજાપતિને સ્કોલિયોસીસ(મણકા વાકા થઇ જવા) બીમારી નાનપણથી હતી. આયુષના મિત્રને આવી બીમારી થતા તેને પણ તપાસનો વિચાર આવ્યો હતો. જેથી તેને તપાસ કરાવતા કોલિયોસીસ નીકળ્યું હતું. જો આ બીમારીનો કોઇ ઇલાજ ન કરવામાં ખાવે તો આયુષને પેરાલિસિસનો આંચકો પણ આવી શકે તેવી શક્યતા રહે છે. જેથી આયષના ભાઇની સલાહ લઇને પરિવારે સજબજથી શેલ્બી ોસ્પિટલમાં આ સર્જરી કરાવવાનો નિર્ણય કયી હતો. હોસ્પિટલના ડો. ગૌરવ ખંડેલવાલ સહિતના તબીબોની ટીમ દ્વારા આયુષના એમઆરઆઇ અને સીટીસ્કેન કરવામાં આવ્યા હતા. જેમાં કરોડરજજ વળી ગયેલં હોવાનં ક્ષામે આવતા ત્રણ કલાકની જહેમતે સફળ ઓપરેશન કર્યું હતું. <sup>`</sup>

હોસ્પિટલની એવી સફળતા કે આયુષના ઓપરેશનનું એક વર્ષ થઇ ચક્યું છે. પણ સારવાર પછી આયષને નવં જીવન મળ્યું અને આજદિન સધી કોઇ તકલીફ પડી નથી.

કરવામાં આવ્યા છે અને ૨૦,૦૦૦ ક્લસ્ટર હેડ ડો. સૃપ્રિયા સરકાર, ડેપ્યટી

એ ડિમિનિસ્ટે ટિવ ઓફિસરડો.દષ્યંત પટેલ પણ આ શેલ્બી હોસ્પિટલના વરિષ્ઠ પત્રકારપરિષદમાં ઉપસ્થિત રહ્યા

ઉપરાંત અહી ૨૫,૦૦૦ ડાયાલિસિસ સ્પાઇન સર્જન ડો. ગૌરવ ખંડેલવાલે, હતા.

Emergency training camp in Mumbai

# नवभारत

क्रिसमस पर झाइनोवा शाल्बी हॉस्पिटल का मानवीय उपक्रम

# मुफ्त आपातकालीन प्रशिक्षण शिविर

 मुंबई, नवभारत न्यूज नेटवर्क.
 क्रिसमस पर झाइनोवा शाल्बी मल्टी-स्पेशियलिटी हॉस्पिटल्स के तत्वावधान में स्पशियालेटा हास्पटल्स के तत्वावधान में इभी कोविंब्ड सुरक्षा नियमों का पालन करते हुए चाटकोपर पश्चिम स्थित आर-स्टिटी माल में 3 दिवसीय मुफ्त आपातकालीन चिकित्सा प्रशिक्षण शिविर का आयोजन किया गया. कैप के जरिए लोगों को आपात स्थिति में क्या करना है, अस्पताल पहुंचने तक मरीज की जान कैसे बचानी है, इसका तक भराज का जान कस बचाना है, इसका प्रशिक्षण दिया गया, जो कहीं भी, कभी भी और किसी के साथ भी हो सकती है. अस्पताल की फिजियन डॉ. उर्वी माहेश्वरी ने कहा कि हार्ट अट्रैक, डूबने की घटना, आग लगने, बीमारी, चोट लगने



और दुर्घटना जैसी आपात स्थिति कभी भी सकती है. इसलिए आपातकालीन हा सिक्ता है. इसलिए जानाताना जरूरी प्रशिक्षण के बारे में सभी को जानना जरूरी है. इसलिए हमने बेसिक लाइफ सपोर्ट, कार्डियोपल्मोनरी रिससिटेशन, फर्स्ट एड

चाडल्ड केयर और फायर सेफरी के बारे में अस्पताल की यूनिट हेड रेनी वर्गीज ने कहा कि हम समाज में जागरुकता अभियान

### **World Alzheimer Day**

### वर्ल्ड अल्जाडमर-डे पर शैल्बी हॉस्पिटल ने आयोजित किया जागरूकता कार्यक्रम



जयपुर। राजधानी का शैल्बी हॉस्पिटल, समय-समय पर लोगों में जागरूकता आयोजित करता आया है। हाल में इसी कड़ी में शैल्बी हॉस्पिटल, जयपुर द्वारा जागरूकता कार्यक्रम का आयोजन किया गया। कार्यक्रम में मख्यतः राजस्थान पेंशनर्स समाज, उप शाखा वैशाली नगर के सदस्यों ने बढ-चढकर हिस्सा लिया। कार्यक्रम में शैल्बी हॉस्पिटल, जयपुर के डॉ. प्रशांत सिंह, विशेषज्ञ न्युरोलॉजी व इंटरवेशनल न्यूरोलॉजी एवं डॉ.अनुराग सिहाग, विशेषज्ञ-न्युरो सर्जरी शामिल हए और उपस्थित लोगों को अल्जाइमर जैसी मानसिक बीमारी से जुड़ी भ्रातियों, इसके उपचार और इससे बचने के उपायों के बारे

इस अवसर पर डॉ. सवीना गप्ता डेंटिस्ट और डॉ. प्रतीक सीएओ शैल्बी ਵੱਧਿਤਕ भੀ ਤਰਦਿਸ਼ਕ ਹੋ। ਵੱੱ ਰਾਸ਼ਕਿ ਕੇ बताया कि अल्जाइमर एक मानसिक रोग है. जिसके शरुआती लक्षणों को अधिकतर लोग पहचान नहीं पाते हैं। ऐसे भी कई साथ याददाश्त का कमजोर होना आम बात अधिकतर लोग बिना ट्रीटमेंट के इसके साथ जीते रहते हैं। लोगों की इसी सोच को बदलने के उददेश्य से यह वर्ल्ड अल्जाइमर डे मनाया जाता है। अल्जाइमर के मुख्य पड सकता है।

लक्षणों में मोचने की शक्ति कम होना लोगों को पहचानने में परेशानी होना, रास्ते भूलना, बोलने में परेशानी या शब्दों में कमी या वाक्य परा न कर पाना. रोजमर्रा के हिसाब किताब में दिक्कत, मड स्विंग व डिप्रेशन और भलने की परेशानी इत्यादि शामिल हैं। यदि किसी को भी ऐसे लक्षण चाहिए। डॉ. अनराग ने बताया कि कछ सालों में यह देखा गया है कि अल्जाइमर की परेशानी के मामले काफी बढ़ रहे हैं। यह एक ऐसी मानसिक बीमारी है जो व्यक्ति के दिमाग को कमजोर करती है और साथ ही याराप्रत पर भी प्रभाव जालती है। यह मही है कि यह बीमारी मुख्यतः बुजुर्गों में पाई जाती है मगर वर्तमान में युवाओं को भी यह बीमारी हो रही है।

डिमेंशिया के मख्य कारणों में से एक अल्जाइमर भी है। डॉ. प्रतीक शर्मा ने भी अपने विचार व्यक्त करते हुए बताया कि शैल्बी हॉस्पिटल, जयपर में तंत्रिका तंत्र व मस्तिष्क रोग विभाग डिपार्टमेंट ऑफ न्यरो साइसेंज के अन्तर्गत विशेषज्ञों की अनुभवी पर्ण रूप से किया जाता है। शैल्बी में सभी देखभाल करने वालों को किस प्रकार की चनौतियों और परेशानियों का सामना करना

### **World Heart Day**

### शैल्बी हॉस्पिटल ने अनूठे तरीके से मनाया विश्व हृदय दिवस

# खेल-खेल में बता दिया जान बचाने का तरीका

की महामारी के बारे में जागरूकत कोई करीबी दिल का तीरा पत के कारण बेहोश हो जाता है औ सांस रुक जाती है तो उसके लिए वर्गियोपल्योनरी रिसमिरेशन (जो आमतीर पर सीपीआर के रूप में जाना जाता है) करने के लिए एम्बुलंस जैसी अन्य सहायता आने ए मलिक, डॉ. ऑमत गुप्ता, डॉ. बीच शैल्बी अस्पताल में आयोजित तक मस्तिष्क और अन्य अंगों में अंकित गप्ता और आईसीय इंचार्ज की जाएगी, ताकि अधिकतम

इटव दिवस को दिल धड़कने दे

छाती के संकचन शामिल होते हैं। इस आयोजन में हृदय स्वास्थ्य से जयपर के एक मॉल में एक विशेष संबंधित विशेष खेल भी शामिल कार्यक्रम आयोजित किया गया था, थे। इसका प्रशिक्षण एक सतत प्रशिक्षित करना था। सीपीआर एक जिसमें कर्र लोगों ने भाग लिया। गतिविधि होगी जो पत्येक बधवार

आपातकालीन प्रक्रिया है जिसमें शैल्बी हार्ट स्पेशलिस्ट डॉ. ललित को शाम 5 बजे से शाम 6 बजे के रक्त प्रवाहित करने के प्रयास में डॉ. सुरेश भागंव ने लोगों को लोगों को सीपीआर करने के लिए मुंह से मुंह तक सांस देने के साथ सीपीआर करने प्रशिक्षण दिया। प्रशिक्षित किया जा सके।

दौसा भास्कर 26-09-2022

**Healthcare Camps** 

आहार और व्यायाम की कमी जिम्मेदार

शैल्बी अस्पताल के मुख्य कार्डियक सर्जन हों. ललित मलिक ने कहा, यह कार्यक्रम का मकसद लोगों में हृदय रोग बारे में जागरूक करना और सीपीआर करके किसी की जान बचाने के बढाने के लिए किया था।

सीपी भार तब किया जा सकत है जब कोई दिल का दौरा पड़ने कार्दियोलॉडियर हॉ. भ्रमित गप्ना

•Passion •• Compassion •• Innovation •

Participated as a Medical Support Team in 36th National games, Gujarat 2022 for wrestling and **Boxing** 

# चिकित्सा शिविर में 266

मरीजों की निशुल्क जांच दौसा। रोटरी क्लब के तत्वावधान मे रविवार को सुपर स्पेशियलिटी

चिकित्सा परामर्श शिविर का सत्संग भवन नई मंडी रोड पर आयोजित हुआ, जिसमें 266 लोगों की निशल्क जांच कर परामर्श दिया का सीएमएचओ डॉ. सुभाष बिलोनिया ने दीप प्रज्वलित कर किया।



Best Organ Transplant Coordinator by **NATCO** (Network & Alliance for Transplant Coordinators of India).

# **Shalby- Awards & Recognition in FY 2023**





The Economic Times Healthcare Awards 2022 for Awarded for the Best Orthopedic Hospital of India, Nov 2022



Best Multi-Specialty Hospital Chain By Eminent Research in Aug 2022



Shalby Jaipur is awarded for "Excellence in Knee and Hip Replacement Surgery"



Shalby Jaipur is recognized for Lifeline Conclave Award in Emergency Services & Critical Care, Jul 2022



AHPI Patient Centric Hospital by AHPI (Association of Hospital Providers of India), Mar 2023



Best hospital for Patient care and safety by Assocham, Oct 2022



Esteemed award to Shalby Indore at Health Conclave 2022 organized by News 24 TV



Best Medical Tourism Centre in Gujarat, May 2022



Lifeline award to Shalby Indore By News 24TV



Swachh
Sarvekshan Award
in Hospital
Category by
Jabalpur Municipal



Business & Beyond award to Shalby Mohali By TOI



Rajasthan Health Icons for Neuro Sciences by TOI



Shalby Jaipur Awarded at News 18 Rajasthan Lifeline Conclave







Excellence in
Arthroscopy & Sports
Medicine and Internal
Medicine & Critical
Care by First India
News at Health First
Conclave & Awards

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